

## **CODE OF CONDUCT**

1. Never tire of learning. A good student can learn anywhere, any time. This is the secret of knowledge.
2. Good Student must be willing to sacrifice for his art and Instructor. Many students feel that their training is a commodity bought with monthly dues, and are unwilling to take part in demonstrations, teaching and working around the dojang. An Instructor can afford to lose this type of student.
3. Always set a good example for lower ranking students. It is only natural they will attempt to emulate senior students.
4. Always be loyal and never criticise the Instructor, Taekwon – do or the teaching methods.
5. If an Instructor teaches a technique, practice it and attempt to utilise it.
6. Remember that student's conduct outside the dojang reflects on the art and Instructor.
7. If a student adopts a technique from another dojang and the Instructor disapproves of it the student must discard it immediately or train at the gym where the technique was learned.
8. Never be disrespectful to the instructor. Though the student is allowed to disagree with instructor, the student must first follow the instruction and then discuss the matter later.
9. A Student must always be eager to learn and ask questions.
10. Never betray the Instructor.

## **CONDUCT IN THE TRAINING HALL**

Every student must observe the following conduct in the training hall in order to maintain an orderly and effective training session.

1. Bow to the national flag on entering and leaving the training hall.
2. Bow to the instructor at a proper distance.
3. Exchange greetings between students.
4. Pay respect to the flag and Instructor prior to commencement of training.
5. Recite the tenets and the Taekwondo – Do oath.
6. Pay respect to the flag and Instructor prior to dismissal.
7. Always address Instructor and black belts as Sir / Madam.

**Pages are taken from the Taekwon-do encyclopaedia. Written by the late General Choi Hong Hi. (The Founder of Taekwon-do)**