

White belt / 10th Kup-grading for yellow tag

1. What are the tenets of Taekwon-do
Courtesy, Integrity, Perseverance, Self-Control, Indomitable Spirit.
2. Where does Taekwon-do come from **Korea**
3. What is the uniform called **Dobok**
4. What is the training hall called **Dojang**
5. Who is your Instructor **Mr K. Uppal 3rd degree**
6. Who founded Taekwon-do **General Choi Hong Hi 9th Dan**

Yellow tag / 9th Kup-grading for yellow belt

1. What is the meaning of pattern Chon-j **Chon-Ji**
2. What is low section in Korean **Najunde**
3. What is the training suit called in Korean **Dobok**
4. What is the training area/hall called in Korean **Dojang**
5. What is walking stance in Korean **Gunnun Sogi**
6. What country is Taekwon-do from **Korea**

Yellow belt / 8th Kup-grading for green tag

1. What is the meaning of Dan-gun **Dan-Gun**
2. Who invented (founded) Taekwon-do **General Choi Hong Hi 9th Dan**
3. What does I.T.F stand for **International Taekwon-Do Federation**
4. What is middle section in Korean **Kaunde**
5. What does yellow belt mean **Belt meanings**
6. What does U.T.A stand for **Unified Taekwon-Do Association**

Green tag / 7th Kup-grading for green belt

1. What is the meaning of Do-san **Do-San**
2. What does green belt mean **Belt meanings**
3. What is walking stance called in Korean **Gunnun Sogi**
4. What is high section called in Korean **Napunde**
5. What is the name of your Tkd School **Warwick Taekwondo School**
6. What is L-stance called in Korean **Niunja Sogi**

Green belt / 6th Kup-grading for blue tag

1. What is the meaning of Won-hyo **Won-Hyo**
2. What is knife hand called in Korean **Sonkal**
3. Who founded Taekwon-do **General Choi Hong Hi 9th Dan**
4. What is fixed stance called in Korean **Gojung Sogi**
5. What does Tae-Kwon-do mean **TAE - KWON - DO**
6. What is side kick called in Korean **Yop Chagi**

Blue tag / 5th Kup-grading for blue belt

1. What is the meaning of Yul-gok **Yul-Gok**
2. What is the meaning of blue belt **Belt meanings**
3. What is a punch called in Korean **Jirugi**
4. What is the training hall called in Korean **Dojang**
5. What is hooking block called in Korean **Golcho Maki**
6. What is front elbow strike in Korean **Ap Palkup Tearigi**

Blue belt / 4th Kup-grading for red tag

1. What is the meaning of Joong-gun **Joong-Gun**
2. What is rear foot stance in Korean **Dwit Bal Sogi**
3. What is upper elbow in Korean **Wi Palkup Taerigi**
4. What is front snap kick in Korean **Ap Cha Busigi**

5. What is the meaning of red belt **Belt meanings**
6. What is reverse knife hand in Korean **Sonkal dung**

Red tag / 3rd Kup-grading for red belt

1. What is the meaning of Toi-gye **Toi Gye**
2. What is the meaning of red belt **Belt meanings**
3. What is finger tip in Korean **Sonkat**
4. What is three step sparring in Korean **Sambo Matsogi**
5. What is turning kick in Korean **Dollyo Chagi**
6. What is a flying kick **Twimyo Chagi**

Red belt / 2nd Kup-grading for black tag

(6 out of the 8 questions)

1. What is the meaning of Hwa-rang **Hwa Rang**
2. What is the meaning of black belt **Belt meanings**
3. What are the 6 elements in the theory of power **Theory of Power**
4. What is closed stance in Korean **Moa Sogi**
5. What does Taekwon-do mean **Tae - Kwon - Do**
6. What is flying side peircing kick in Korean **Twimyo Yop Cha Jirugi**
7. What is release from a grab called in Korean **Japyo Sultae**
8. What is the definition of Taekwon-do **Complete Definition**

Black tag / 1st Kup-grading for black belt

1. What are the 6 elements of the theory of power **Theory of Power**
2. What is the training secret **Training Secret**
3. What is the meaning of joong-gun **Joong-Gun**
4. What is the meaning of choong-moo **Choong-Moo**
5. What is the definition of Taekwon-do **Complete definition**

Significance of Belt Colours

White

Signifies innocence, as that of the beginning student who has no previous knowledge of Taekwondo-Do

Yellow

Signifies earth from which a plant sprouts and takes root as Taekwondo-Do foundation is being laid.

Green

Signifies the plant's growth as Taekwondo-Do skills begin to grow

Blue

Signifies the heaven towards which the plants mature into a towering tree as training in Taekwondo-Do progresses.

Red

Signifies danger, cautioning the student to exercise control, and warning the opponent to stay away.

Black

Opposite to white. Therefore signifying the maturity and proficiency in Taekwondo-Do. Also indicates the wearer's imperviousness to darkness and fear.